

Learning Disability Resources

Breast Screening –

- *Taking the fear out of going for breast screening* - A film by and for women with learning disabilities. <https://vimeo.com/364034846>
- *An Easy Guide to Breast Screening* by Beyond Words - <https://static1.squarespace.com/static/551cfff9e4b0f74d74cb307e/t/609264a748cd311bbd4273e8/1620206766407/An+Easy+Guide+to+Breast+Screening+-+2021.pdf>
- *An Easy Guide to Breast Screening* by NHS England - https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/765594/Easy_guide_to_breast_screening.pdf
- *What Happens at a Breast Clinic* by Breast Cancer Now - https://breastcancernow.org/sites/default/files/files/bcc229_what_happens_at_a_breast_clinic_bcn_v.3.pdf
- *Breast Screening – A photo journey for women with learning disabilities* by NHS Rotherham Foundation Trust <https://www.rdash.nhs.uk/wp-content/uploads/2014/04/DP5529-LD-Breast-Screening-Photo-Journey-01.17.pdf>

Bowel Screening –

- *Bowel screening instructional video for people with learning disabilities* by Health in Hull - <https://www.youtube.com/watch?v=QXV2noZLUFU>
- *An Easy Guide to Bowel Cancer Screening* by Beyond Words - <https://static1.squarespace.com/static/551cfff9e4b0f74d74cb307e/t/6091495eccfeef0790ab2467/1620134242898/An+Easy+Guide+to+Bowel+Cancer+Screening+-+2021.pdf>
- *Why do I need to have Bowel Screening?* by Easy Health - <https://www.torbayandsouthdevon.nhs.uk/services/learning-disabilities/support-videos/bowel-cancer-screening/>

- *How to use the NHS bowel cancer screening kit* by Learning Disability Service - <https://www.learningdisabilityservice-leeds.nhs.uk/wp-content/uploads/2021/04/Bowel-screening-easyread-qr-171220.pdf>
- *Tips for collecting your poo* by Cancer Research UK - <https://publications.dev.cruk.org/sites/default/files/publication-files/Tips%20for%20FIT%20England.pdf>
- *An easy guide to bowel cancer screening* by NHS England - https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/806904/BCSP_FIT_easy_read_final.pdf
- *Using your bowel cancer screening kit* (video) by NHS Screening - <https://vimeo.com/showcase/6663813/video/380455529>

Cervical Screening –

- *'The Smear Test Film'* is a health education film resource for women eligible for cervical screening who have mild and moderate learning disabilities by Jo's Cervical Cancer Trust - <https://www.youtube.com/watch?v=WxapKFPDwjg>
- *Easy read guide for cervical screening* by Jo's Cervical Cancer Trust - https://www.jostrust.org.uk/sites/default/files/isl116_18_er_smear_tests_final_low_res.pdf
- *Having a smear test - An easy guide about a health test for women aged 25 to 64* by NHS England - https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/790791/CSP05_an_easy_guide_to_cervical_screening.pdf
- *Learning Disability Week & Cervical Screening Awareness 2022* (video) by The Northants Cancer Information Hub - <https://www.youtube.com/watch?v=lgcxBbaj0gY>
- *An Easy Guide to Cervical Screening* by Beyond Words - <https://static1.squarespace.com/static/551cfff9e4b0f74d74cb307e/t/609264c88fd16e03e02b313e/1620206800316/An+Easy+Guide+to+Cervical+Screening+-+2021.pdf>

- *Having a smear test - An easy read guide* by Learning Disability Service - <https://www.learningdisabilityservice-leeds.nhs.uk/wp-content/uploads/2021/12/Having-a-smear-test.pdf>

Other resources –

- *Reducing Risk of Cancer* (video) by North East & Cumbria Learning Disability Network - <https://www.youtube.com/watch?v=gszeKMbfGr4>
- *Be Cancer Aware | Signs of Cancer* (video) by Northern Cancer Alliance - <https://www.youtube.com/watch?v=laL-RcyQ9Vs>
- *Going to the GP for a face to face appointment* (video) by North East & Cumbria Learning Disability Network - <https://www.youtube.com/watch?v=byE7Sn4oxVk>
- *Signs of cancer - easy read* by Macmillan - https://cdn.macmillan.org.uk/dfsmedia/1a6f23537f7f4519bb0cf14c45b2a629/9055-source/mac16332-er-e06-signs-of-cancer?_ga=2.182498018.511020109.1674046145-80129976.1674046145&_gac=1.47800917.1674046145.CjwKCAiAzp6eBhByEiwA_gGq5Jq8-xtO7wOOObWhZyMPUMPsbqClyQC57PnSGcckeyQOsvUQd2iUnRRoCs0cQAvD_BwE
- *Symptoms of prostate cancer - easy read* by Macmillan - https://cdn.macmillan.org.uk/dfsmedia/1a6f23537f7f4519bb0cf14c45b2a629/3412-source/mac16342-symptoms-of-prostate-cancer-web-pdf-03-10-19?_ga=2.130897483.511020109.1674046145-80129976.1674046145&_gac=1.49399764.1674046145.CjwKCAiAzp6eBhByEiwA_gGq5Jq8-xtO7wOOObWhZyMPUMPsbqClyQC57PnSGcckeyQOsvUQd2iUnRRoCs0cQAvD_BwE
- *How to Look After My Balls* by Beyond Words - <https://static1.squarespace.com/static/551cff9e4b0f74d74cb307e/t/567a9daba12f445fc5c03068/1450876331117/How+to+look+After+My+Balls.pdf>